

CERTIFICATE OF FITNESS - HEAVY VEHICLE DRIVERS/ COMMERCIAL VEHICLE DRIVERS

**Driver's Licence No./
Driver Accreditation No:**

Class of Licence:

Class of Accreditation:

Due Date:

SECTION 1: YOUR DETAILS (to be completed in BLOCK letters prior to seeing your doctor)

APPLICANT'S DECLARATION

Surname _____

Given names _____

Home address _____

Suburb/Town _____ Postcode _____ Phone (B/Hr) _____

Postal address if different from above _____

Email address (if available) _____

I declare that to the best of my knowledge the information regarding my medical background is true and correct and that I have made the examining medical practitioner aware of any medical condition that I have and drugs or medication that I use.

I consent to my medical practitioner and/or treating specialist releasing to the Department of Planning, Transport and Infrastructure any medical information relating to my ability to drive safely.

Signature _____

A person must not, in providing information, make a statement that is false or misleading. Penalties apply.

IMPORTANT NOTES FOR THE MEDICAL PRACTITIONER

The Registrar of Motor Vehicles requires certain applicants for a driver's licence, or licence holders, to provide evidence of their fitness to drive. Additionally, an applicant for driver accreditation under the *Passenger Transport Act 1994* is required to satisfy the Department of Planning, Transport and Infrastructure that they do not suffer any physical or mental incapacity that would impair their ability to work effectively as the driver of a public passenger vehicle and handle passengers. Please:

- Review section 2: Patient Questionnaire with the person;
- Refer to the National Transport Commission's "Assessing Fitness to Drive 2016" guidelines - commercial standards for heavy vehicle licence. The guidelines are available from Austroads at www.austroads.com.au (your assessment must be undertaken in accordance with the guidelines);
- Complete all of sections 3, 4 and 5;
- Provide comment in the notes section on page 3 on how well controlled your patient's condition(s) are and compliance with any medication taking.

WHAT TO DO WITH THE COMPLETED MEDICAL ASSESSMENT

Return to GPO Box 1533, Adelaide 5001 or any Service SA Customer Service Centre.

Enquiries: 13 10 84

SECTION 2: PATIENT QUESTIONNAIRE (to be completed by patient prior to medical examination)



Please answer the questions by ticking the correct box. If you are not sure, leave the question blank and ask your medical practitioner what it means. They will ask you additional questions during the examination.

- | | YES | NO |
|---|--------------------------|--------------------------|
| 1. Are you currently being treated by a medical practitioner for any illness or injury? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Have you consulted any other medical practitioner within the last 12 months? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Are you receiving any medical treatment or taking any medication (Either prescribed or otherwise)?
<i>If Yes to question 1 or 2 please provide details, including the name of medical practitioner or treating specialist</i> | <input type="checkbox"/> | <input type="checkbox"/> |

- | | | |
|--|--------------------------|--------------------------|
| 4. Have you ever had, or been told by a medical practitioner that you had, any of the following: | | |
| 4.1 High blood pressure | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.2 A blood pressure reading of 170/100 or higher (treated or untreated) | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.3 Heart disease | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.4 Chest pain, Angina | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.5 Any conditions requiring heart surgery | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.6 Palpitations/Irregular heartbeat | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.7 Abnormal shortness of breath | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.8 Head injury, Spinal injury | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.9 Seizures, Fits, Convulsions, Epilepsy | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.10 Blackouts, Fainting | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.11 Stroke | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.12 Neurological disorder | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.13 Psychiatric illness, nervous disorder | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.14 Dizziness, vertigo, problems with balance | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.15 Any vision or eye issues or defects | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.16 Diabetes | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.17 Neck, back or limb disorders | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.18 Hearing loss or deafness or use a hearing aid | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.19 Have you had any other serious injury, illness, operation or been in hospital for any reason in the last 5 years? | <input type="checkbox"/> | <input type="checkbox"/> |

- | | | |
|---|--------------------------|--------------------------|
| 5. Have you ever had, or been told by a medical practitioner that you had a sleep disorder, sleep apnoea or narcolepsy? | <input type="checkbox"/> | <input type="checkbox"/> |
|---|--------------------------|--------------------------|

How likely are you to doze off or fall asleep in the following situations, in contrast to feeling just tired?

This refers to your usual way of life in recent times. Even if you haven't done some of these things recently, try to work out how they would have affected you.

0 = would never doze off
 1 = slight chance of dozing
 2 = moderate chance of dozing
 3 = high chance of dozing

It is important that you put a number (0 to 3) in each of the 8 boxes.

- | Situation: | Chance of dozing (0-3) |
|---|------------------------|
| • Sitting and reading | <input type="text"/> |
| • Watching TV | <input type="text"/> |
| • Sitting, inactive in a public place (e.g. a theatre or meeting) | <input type="text"/> |
| • As a passenger in a car for an hour without a break | <input type="text"/> |
| • Lying down to rest in the afternoon when circumstances permit | <input type="text"/> |
| • Sitting and talking to someone | <input type="text"/> |
| • Sitting quietly after a lunch without alcohol | <input type="text"/> |
| • In a car, while stopped for a few minutes in the traffic | <input type="text"/> |

6. Do you consume alcohol?
 No Yes
7. Have you used illicit drugs in the last 5 years?
 No Yes *If Yes please provide details in Question 8*
8. Do you use any drugs or medications not prescribed for you by a medical practitioner?
 No Yes *If Yes please provide details:*

9. Have you been the driver of a vehicle involved in a crash in the last 5 years?
 No Yes *If Yes please provide details:*

10. Nature of Driving Task
- 10.1 Are you currently driving heavy/commercial vehicles?
 No Yes

- 10.2 Do you drive locally or interstate? Please provide details (with approximate distances).
-
-
-
-
-

- 10.3 Approximately how many hours per day do you drive heavy vehicles?
-
-

- 10.4 Do you drive public passenger vehicles eg bus, taxi, or hire car?
 No Yes

- 10.5 Do you drive a vehicle carrying bulk dangerous goods?
 No Yes

SECTION 3: EXAMINATION REPORT

1. BLACKOUT

Has the patient experienced a blackout? No Yes

If Yes, please complete the following.

Date of most recent episode: ____/____/____

2. CARDIOVASCULAR DISEASE

Does the patient have, or has had a cardiovascular condition? No Yes

If Yes, please tick the relevant condition(s):

- | | |
|--|---|
| <input type="checkbox"/> Acute Myocardial Infarction | <input type="checkbox"/> Coronary Artery Bypass Grafting (CABG) |
| <input type="checkbox"/> Angina (If Unstable) | <input type="checkbox"/> Heart Failure |
| <input type="checkbox"/> Cardiac Aneurysm | <input type="checkbox"/> Heart Transplant |
| <input type="checkbox"/> Cardiac Arrest | <input type="checkbox"/> Hypertrophic Cardiomyopathy |
| <input type="checkbox"/> Cardiac Pacemaker | <input type="checkbox"/> Implantable Cardioverter Defibrillator (ICD) |
| <input type="checkbox"/> Congenital Heart Disorder | <input type="checkbox"/> Percutaneous Coronary Intervention (Angioplasty) |
| <input type="checkbox"/> Dilated Cardiomyopathy | <input type="checkbox"/> Other Cardiovascular: _____ |

(N.B if patient has an ICD implanted they may not be eligible to hold a commercial class of licence, please refer to national guidelines.)

3. HYPERTENSION

Does the patient have blood pressure consistently greater than 170 systolic or greater than 100 diastolic (treated or untreated)? No Yes

Blood Pressure Readings

Systolic: _____ Diastolic: _____

4. DIABETES

Does the patient have diabetes controlled by medication? No Yes

If Yes, please complete the following.

Diabetes controlled by Insulin Other: _____

Is the patient compliant with medication? No Yes

Does the patient experience early warning symptoms of hypoglycaemia? No Yes

Date of last episode: ____/____/____

Any end organ effects: please specify: _____

5. HEARING LOSS

Does the patient have severe hearing loss? No Yes

If Yes, referral is required to an appropriate ENT specialist or audiologist.

6. MUSCULOSKELETAL DISORDER

Does the patient have a musculoskeletal disorder? No Yes

If Yes, please tick the relevant condition(s):

- | | |
|--|-------------------------------|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Limb |
| <input type="checkbox"/> Other Musculoskeletal Disorders _____ | |

Is the condition likely to affect driving? No Yes

7. NEUROLOGICAL / NEUROMUSCULAR CONDITIONS

Does the patient have a neurological / neuromuscular condition? No Yes

If Yes, please tick the relevant condition(s):

- | | |
|---|--|
| <input type="checkbox"/> Brain Aneurysm | <input type="checkbox"/> Muscular Dystrophy |
| <input type="checkbox"/> Cerebral Palsy | <input type="checkbox"/> Parkinson's Disease |
| <input type="checkbox"/> Dementia | <input type="checkbox"/> Seizure* |
| <input type="checkbox"/> Epilepsy* | <input type="checkbox"/> Space-occupying Lesion (incl. brain tumour) |
| <input type="checkbox"/> Head Injury | <input type="checkbox"/> Stroke** |
| <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Subarachnoid Haemorrhage* |
| <input type="checkbox"/> Other _____ | |

*Date of last episode: ____/____/____

**Has the patient had a stroke in the last 12 months? No Yes

If Yes, please provide date: ____/____/____

8. PSYCHIATRIC DISORDER

Does the patient have a severe mental health/nervous disorder? No Yes

If Yes, please tick the relevant condition(s):

- | | |
|---|--|
| <input type="checkbox"/> Anxiety Disorder | <input type="checkbox"/> Post Traumatic Stress Disorder (PTSD) |
| <input type="checkbox"/> Bipolar Affective Disorder | <input type="checkbox"/> Schizophrenia |
| <input type="checkbox"/> Chronic Depression | <input type="checkbox"/> Tourette's Syndrome |
| <input type="checkbox"/> Personality Disorder | <input type="checkbox"/> Other: _____ |

Does the patient require medication? No Yes

If Yes - is the patient compliant with medication? No Yes

9. SLEEP DISORDER

Does the patient have a sleep disorder? No Yes

If Yes, please complete the following.

Established Sleep Apnoea Syndrome No Yes

Narcolepsy No Yes

Other: _____ No Yes

(Referral is required to an appropriate specialist for all commercial drivers with diagnosed Sleep Disorder.)

10. SUBSTANCE MISUSE

Does the patient currently misuse/abuse alcohol or drugs? No Yes

If Yes, please complete the following.

Does the patient abuse alcohol? No Yes

Does the patient use illicit drugs? No Yes

Does the patient misuse prescription drugs? No Yes

Any end organ effects (please specify): _____

SECTION 4: EYESIGHT CERTIFICATE

(Must be completed in all cases)

11. If the patient has one or more of the following eye or vision condition, please tick.

- | | |
|---|--|
| <input type="checkbox"/> Cataracts | <input type="checkbox"/> Visual Field Defect |
| <input type="checkbox"/> Macular Degeneration | <input type="checkbox"/> Glaucoma |
| <input type="checkbox"/> Retinitis Pigmentosa | <input type="checkbox"/> Poor Night Vision |
| <input type="checkbox"/> Diplopia | |
| <input type="checkbox"/> Other conditions which may impair their ability to drive (please specify): _____ | |

Note: If the patient has one or more of the above conditions and the eyesight standards are not met (**aided**) an Optometrist or Ophthalmologist must complete the Eyesight Certificate.

Additionally, if your patient's visual acuity with corrective lenses in the better eye or with both eyes together is worse than 6/9, or their visual field is worse than the criteria contained in the Assessing Fitness to Drive guidelines, an Optometrist or Ophthalmologist must complete the Eyesight Certificate.

Does the patient have Monocular Vision? No Yes

If 'Yes' then Eyesight Certificate must be completed by an Optometrist or Ophthalmologist.

Visual acuity	Right	Left	Together
Uncorrected	6/____	6/____	6/____
Corrected (glasses/contacts)	6/____	6/____	6/____

Does your patient meet the eyesight standards in the Assessing Fitness to Drive 2016 guidelines? No Yes (refer to vision and eye disorders in "Assessing Fitness to Drive" publication)

Are glasses or contact lenses required for driving? No Yes

Should a condition be placed on the licence? No Yes (e.g. daylight hours only)

If Yes, please provide details below.

If you are not completing the other sections of this form please complete the following.

_____/_____/_____
Medical Practitioner / Optometrist's Name Date

Medical Practitioner / Optometrist's Signature Provider Number Contact Number

ADDITIONAL NOTES: Provide comment to each Yes condition(s) below including reference to the specific condition (e.g. 4. Diabetes).

SECTION 5: MEDICAL PRACTITIONER'S DECLARATION

Under section 148 of the Motor Vehicles Act 1959 you have a legal obligation to inform the Registrar of Motor Vehicles if you have reasonable cause to believe that the patient is suffering from a physical or mental illness, disability or deficiency that is likely to endanger the public if the patient drives a motor vehicle.

If you consider it prudent or necessary you may recommend that the patient undertakes a practical driving assessment. This is irrespective of the patient's age or driver's licence class. Patients who hold a licence other than a "car" licence are required to undergo a practical driving assessment at age 85 and every year thereafter.

If you consider that the patient may be unfit to drive, you are requested to immediately return the completed certificate to Licence Regulation; **Locked Bag 700, Adelaide SA 5001** or fax information to 8402 1977.

It is recommended that you keep a copy for your own records.

MEDICAL PRACTITIONER'S DECLARATION (to be completed by Medical Practitioner)

On ____ / ____ / ____ I examined _____
(Date of Examination) (Patient's name)

Date of Birth ____ / ____ / ____

The patient has been treated at this clinic for _____ years _____ months.

In my opinion the person who is the subject of this report:

Meets the relevant medical standard Yes No
If no, please provide details below:

If no, does the person meet the standards for a light vehicle licence? Yes No

Requires a practical driving test Yes No

Do you recommend conditions be placed on the licence? Yes No
If yes, please provide details below:

Further comments on medical condition(s) affecting safe driving are attached.

I certify that I personally examined the above named patient in accordance with the Assessing Fitness to Drive 2016 guidelines.

If the applicant holds driver accreditation, I have considered that they are medically and psychologically fit to drive a public passenger vehicle and handle passengers.

Medical Practitioner's signature Date ____ / ____ / ____

Medical Practitioner's name Provider Number

Practice Address

Telephone Number Facsimile Number E-mail Address