

Disability SA

Independent Living Centre

This service provides information and advice on equipment to help individuals improve their quality of life and maintain their independence.

Services are all free of charge.

Eligibility and Access

Staffed by health professionals (occupational therapists), the service is available to all members of the public, including people with a disability, injury or illness, carers, community groups, health professionals, organisations and students.

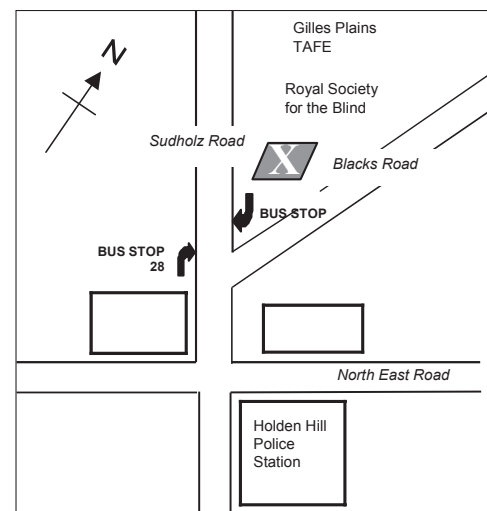
Opening Hours

Services are available 9am–5pm, Monday to Friday except for Public Holidays. Out of hours education and training services may be available on request.

Interpreters

Please contact us to make a booking if you require an interpreter.

Location



Independent Living Centre

11 Blacks Road, Gilles Plains SA 5086

Phone: (08) 8266 5260

1300 885 886 (SA & NT callers only)

Fax: (08) 8266 5263

Email: ilcsa@dfc.sa.gov.au

Website: www.disability.sa.gov.au

Accessible off-street parking is available.

Bus routes:

From the city T500/T501 or 207/208 to Stop 28 Sudholz Road

Timetable information: (08) 8210 1000

Independent Living Centre

What We Provide

Information and advice is provided about equipment and techniques to assist with everyday tasks, including:

- * bathroom and toileting equipment
- * bedding
- * building fixtures and design for access
- * clothing and dressing
- * communication aids
- * computer and vocational aids
- * eating and drinking utensils
- * emergency call systems
- * equipment hire and loan
- * equipment services and resources
- * household and kitchen equipment
- * incontinence
- * lifting, transferring, ramps and hoists
- * mobility/walking aids
- * recreation
- * scooters ('gophers')
- * seating
- * telephone access
- * transport—vehicle modifications
- * wheelchairs—manual and electric.

Written product information is available, including a description of the item, supplier details and approximate cost.

The Independent Living Centre is not a sales outlet.

Enquiries Line

Speak to or email a health professional for individualised advice. We can respond to questions, offer options and send information by post, fax or email. Contact details are on the back of this brochure.

Display

The Independent Living Centre has an extensive range of equipment for the public to browse and trial. Health professionals are available to provide assistance. Brochures, fact sheets, books, videos and CD ROMs are also on display.

For detailed advice and to ensure staff availability, please make an appointment booking. We can negotiate to have specific items available on request where possible.

Education and Training

Our health professionals provide talks and displays for community groups and exhibitions and can demonstrate a selection of equipment. We also deliver professional development workshops on equipment and related topics to health professionals, university and TAFE students. Please contact us for further information and to make a booking.

Outreach Service

Our mobile unit outreach service is a statewide service for those living in rural and remote regions. It consists of a wheelchair accessible caravan with a large selection of equipment and brochures. It is staffed by a health professional to provide individualised advice. No appointments are necessary. Please contact us for a copy of our outreach calendar or call us to find out when we are next visiting your area.

Equipment Catalogue

Our equipment catalogue of product information and services is available on our website (www.disability.sa.gov.au) for the public to search.

Brochures

Brochures on selecting equipment are available from the display or can be downloaded from our website (www.disability.sa.gov.au).

Email List

A monthly Independent Living Centre information sheet containing our latest information on equipment is available for organisations, health professionals and anyone who is interested. Please contact us to be added to our email list.