



Disability Services

Community and Home Support SA

Information Sheet

Independent Living Centre Outreach Service Calendar 2012

The Independent Living Centre's Mobile Unit Outreach Service is a free government service for people living in rural and remote South Australia.

Visitors to the wheelchair-accessible caravan are able to discuss their individual needs with an experienced health professional (Occupational Therapist) and view and trial a wide range of equipment. Information sheets covering a large variety of topics are also available.



No appointments are necessary to visit the Mobile Unit.

Free individualised advice is provided on techniques and equipment to assist those living or caring for someone with a disability, injury or illness.

Areas of assistance include:

- ▶ bathroom and toileting equipment
- ▶ bedding
- ▶ building fixtures and design for access
- ▶ clothing and dressing
- ▶ communication aids
- ▶ computer and vocational aids
- ▶ eating and drinking utensils
- ▶ emergency call systems
- ▶ equipment hire and loan
- ▶ equipment services and resources
- ▶ household and kitchen equipment
- ▶ incontinence
- ▶ lifting, transferring, ramps and hoists
- ▶ mobility/walking aids
- ▶ recreation
- ▶ scooters ("gophers")
- ▶ seating
- ▶ telephone access
- ▶ transport—access and resources
- ▶ wheelchairs—manual and electric.

2012 Outreach Service Calendar

Please note that these dates and locations are tentative and may change. To keep informed of changes or additions to this calendar please call the Independent Living Centre on 1300 885 886 (SA/NT callers) or 8266 5260.

March

Murraylands and Murray Mallee – Fri 30th: Karoonda Farm Fair | Sat 31st: Karoonda Farm Fair

April

Date TBC: Aldinga

Date TBC: Marion

Fri 20th: Barossa Valley – Kapunda Farm Fair | Sat 21st: Kapunda Farm Fair

May

Tues 1st: Booleroo (PM) | Wed 2nd: Laura | Thurs 3rd Balaklava

Wed 2nd: Aberfoyle Park - Unity Retirement Village (Manned Display)

Sat 5th: The Fit Element – Playford Civic Centre

Wed 9th: Aberfoyle Park – Salford Retirement Village

Wed 16th: Grange – Grange Retirement Estate

Tues 22nd: Kimba (Talk only) | Wed 23rd: Port Augusta | Thurs 24th: Quorn Health Expo

June

Fri 1st: Disability Information and Resource Centre (DIRC) Expo: Mount Gambier

July

Tues 3rd: Coober Pedy | Thurs 5th: Alice Springs | Fri 6th: Alice Springs

August

Tues 7th: Eyre Peninsula Field Days (Cleve) | Wed 8th: Eyre Peninsula Field Days (Cleve) | Thurs 9th: Eyre Peninsula Field Days (Cleve)

TBC Adelaide Metro – DIRC Expo

Fri 17th: Disability Information and Resource Centre (DIRC) Expo (Wayville Showgrounds)

September

Wed 5th: Whyalla | Thurs 6th: Pt Lincoln | Fri 7th: Cowell (Talk only)

Wed 19th: Riverland Field Days | Thurs 20th: Riverland Field Days

Wed 26th: Port Pirie Smelters Picnic

October

Wed 3rd: Pinnaroo Show | Thurs 4th: Murray Bridge

Tues 9th: Minlaton | Wed 10th: Maitland | Thurs 11th: Moonta

Date TBC (likely to be a Thurs ? 18th): Nuriootpa Seniors Expo

Date TBC (likely the 17th or 18th): Pt Augusta Expo

Thurs 18th: Victor Harbour - Carers Support Centre

Date TBC (22nd – 24th): Goolwa

Thurs 25th: Location TBC | Fri 26th: Location TBC

Tues 30th: Jamestown | Wed 31st: Burra | Thurs 1st: Clare

November

Date TBC (will be a Sun): Man Alive Festival

Tues 13th: Millicent + Drive to Robe | Wed 14th: Robe | Thurs 15th: Meningie

Tues 27th: Renmark + Driving to Berri | Wed 28th: Berri + Driving to Loxton | Thurs 29th: Loxton

December

Adelaide City – International Day of People with Disability

Mon 3rd: Rundle Mall

Date TBC (in the weeks 4th – 14th): Noarlunga

Date TBC (in the weeks 4th – 14th): McLaren Vale or Seaford Rise

Date TBC (in the weeks 4th – 14th): Lameroo

Events to be Confirmed

Fleurieu Peninsula: Yankalilla

Feedback

The Independent Living Centre would appreciate feedback on how we can improve our Mobile Unit Outreach Service to better meet the needs of you and your community. If you have any suggestions or would like to book the mobile unit,

please contact the Independent Living Centre on 1300 885 886 (SA/NT callers only) or 8266 5260 or alternatively email: ilcsa@dcsi.sa.gov.au.

Independent Living Centre Services

The telephone advisory service and the equipment display at Gilles Plains are open Monday to Friday from 9am to 5pm, excluding Public Holidays. The display is open to members of the public; however, we strongly encourage visitors to make an appointment with one of our Occupational Therapists if they require information and/or demonstration of any items.

To book an appointment, please phone the Independent Living Centre on the phone numbers listed below.

Requests for guest speakers for community and student groups can also be made by contacting the Independent Living Centre.

The Independent Living Centre's online equipment catalogue can be accessed via the web site: <http://www.sa.gov.au/disability/ilc>.

For further information or to make an appointment, please contact the Independent Living Centre. The Independent Living Centre offers free advice on equipment and techniques to help you with everyday tasks.

Independent Living Centre

11 Blacks Road
Gilles Plains SA 5086

Phone: 1300 885 886
(SA & NT callers only)
or (08) 8266 5260

Fax: (08) 8266 5263

Email: ilcsa@dfc.sa.gov.au

Website: <http://www.sa.gov.au/disability/ilc>

Bus routes:

From the city T500/T501 or
207/208 to Stop 28 Sudholz Road
Timetable information: (08) 8210 1000.

Accessible off-street parking is available.

