

Disability, Ageing and Carers



Government of South Australia
Department for Communities
and Social Inclusion

Community and Home Support SA

Day Option Program: Look Book

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Introduction

The Day Option Program is a South Australian Government initiative administered by the Department for Communities and Social Inclusion. The Day Option Program Look Book is a useful resource offering information on the programs and services available to new school leavers with an intellectual disability, who are wanting to engage in post school activities. The activities may vary in nature but all have a developmental focus and aim at teaching and enhancing a person's social and practical skills.

The Day Option Program aims to:

- ▶ Support a young person's transition from school to adult life
- ▶ Provide participants with opportunities to develop peer relationships, in a welcoming and comfortable environment
- ▶ Support participants in their development and enhancement of skills, taking into account their own individual goals
- ▶ Provide choice and access to a wide range of programs throughout the State.

There are currently 18 providers delivering the Program throughout South Australia. These providers offer a range of centre and community-based activities that are of a leisure, sporting, adventure, arts and educational nature.

The information provided in this resource is accurate at the time it was created. The information is subject to change anytime and therefore it is advisable to contact the Service Providers directly for the latest information.

Further information can be obtained from other information directories such as:

- ▶ South Australian Government website:
Daytime activities
<http://www.sa.gov.au/subject/Community+Support/Disability/Adolescents+with+disability/Leaving+school+and+planning+for+the+future/Daytime+activities>

Service and information directories
<http://www.sa.gov.au/subject/Community+Support/Disability/Information+services/Service+and+information+directories>
- ▶ Disability Information and Resource Centre (DIRC)
Address: 195 Gilles Street, Adelaide
Telephone: 8236 0555 Fax: 8236 0566 Website: www.dircsa.org.au
- ▶ CISA www.infosearch.com

Autism SA – Kandu – Day Option Program

Contact name:	Lesley Cutts Manager
Postal address:	PO Box 304, Marelston DC SA 5033
Phone number:	8462 0627
Fax number:	8338 1216
Email address:	admin@austismsa.org.au
Website address:	www.autismsa.org.au
Mission statement/service goals:	Our mission is to actively promote the acceptance of people with an Autism Spectrum Disorder and to provide services throughout South Australia to enable them and their families to be an integral part of the community.
Key areas/service:	Support for people with Autism Spectrum Disorders and similar needs.
Eligibility criteria:	Autism, intellectual disability and/or similar needs.
Program(s) available:	Day option – Kandu
Description of program(s):	Range of activities offered in a combination of centre-based and community-based program. Activities include swimming, cooking, Meals on Wheels, Messenger Press delivery, public transport outings and YMCA. Visit the website for further information: www.autismsa.org.au
Hours of program:	Monday to Friday 9:00am-3:00pm. Program operates 44 weeks per year and is closed on public holidays.
Region where program(s) provided:	Craigmore and Onkaparinga Hills (to be established)
Numbers of places catered for:	Craigmore: 10 Onkaparinga Hills: 6
Clients needs catered for:	Moderate, high, very high
Vacancies:	Please enquire by contacting Autism SA.
Individual service:	Can be negotiated under a different cost structure.

Staffing support:	1:1 or 1:2 depending on support need.
Staff qualifications:	Degree or TAFE certificate.
Cost per client:	Moderate: \$95.00 High: \$142.00 Very high: \$163.00
Extra costs:	\$5 for activities
Transport:	Can be negotiated with the Coordinator. Pick up and drop off at Strathmont Centre cost: \$15:00 per day – door to door \$20:00 per day.
Comments:	Provides specialist support for people with autism and challenging behaviours. The program operates within an Active Support Framework. Visit the website for further information www.autismsa.org.au

Barossa Leisure Options – Day Option Program

Contact officer's name:	Pam Young
Postal address:	c/- Barossa Council PO Box 867 Nuriootpa SA 5355
Phone number:	856 38412
Fax number:	8563 8461
Email address:	pyoung@barossa.sa.gov.au
Website address:	www.barossa.sa.gov.au
Mission statement/service goals:	Providing friendly and personal access to recreation and health and wellbeing activities for our community, targeting people with a disability, mental illness and their carers. A community development model encouraging social inclusion.
Key areas/service:	Social support groups, individual support, community involvement.
Eligibility criteria:	Intellectual disability.
Program(s) available:	Over twenty social groups for all ages and all disabilities, outings, sports, camps, choir, drama, concerts, art exhibitions, children's holiday programs, gentle exercise, Men's Shed, work skill opportunities (Day Options).
Description of program(s):	A diverse community development program offering a number of group activities and work readiness skills as an integrated project within the Barossa, Gawler and Light regions. Community activities include concerts, trips away, art exhibitions and sports weekends as an add-on extra to the weekly programs. The Day Options model sits as a small component within the overall activities provided through Barossa Leisure Options.
Hours of program:	Monday to Friday 9.00am-3.00pm.
Region where program(s) provided:	Barossa, Gawler, Mallala, Two Wells, Kapunda and The Lodge, Nuriootpa.
Numbers of places catered for:	Numbers vary – no waiting lists.

Clients needs catered for:	Individual needs are assessed upon registration in consultation with carers where applicable.
Vacancies:	Yes
Individual service:	Relative to funding.
Staffing support:	Ratio depends upon needs and outcomes required. At least 1:3.
Staff qualifications:	Community Services Certificate 3 in Disability, Aged Care or Leisure and Lifestyle (minimum requirement for general social support).
Cost per client:	Moderate: \$100, High: \$105 and Very High: \$120 General social support groups: \$8 donation.
Extra costs:	Costs vary for outings.
Transport:	Where possible and relative to funding, transport is provided door-to-door. Cost: Negotiable – varies according to distance travelled. The Mobility Allowance may be invoiced where applicable.
Comments:	This program has a number of funding sources including the community, which enhances its diversity, and community connection as auspiced by The Barossa Council. We do have a capacity to offer some local negotiation.

Bedford Day Option Program – Adelaide

Contact person:	Paquita Spurr Manager BCA
Postal address:	PO Box 18 Melrose Park SA 5039
Phone number:	8275 0223
Fax number:	8275 0229
Email address:	bedford-dayoptions@bedfordgroup.com.au
Website address:	www.bedfordgroup.com.au
Mission statement/service goals:	The aim of Bedford is at all times to be a leader in the training, personal development and support of people with a disability.
Key areas/service:	Day options.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Day options.
Description of program(s):	Bedford Day Options – Adelaide provides life skills training and learning through leisure and recreational activities that are either community based or centre based. Activities may include shopping, cooking, bowling, bike riding, chair yoga, gardening, cleaning, dancing, music, scrap booking, surfing, swimming, going out for pub lunches etc. There are two volunteer programs run through the service and these include Meals on Wheels for Hallett Cove and Brighton and a Graffiti removal service for Marion City Council.
Hours of program:	Monday to Friday 10:00 am-3:00 pm.
Region where program(s) provided:	Across South Australia – Adelaide, Pt Pirie, Pt Lincoln, Wallaroo and Millicent.
Numbers of places catered for:	Dependent on funding.
Clients needs catered for:	People requiring moderate to high support to participate in activities.
Staff qualifications:	Disability Support Work Certificate 3 or higher. Seniors First Aid.

Staffing support:	6 members to 2 staff, or 5 members to 2 staff, or 3 members to 1 staff or one to one ratio. All depends on the 'risk' of the activity and or the member support needs.
Vacancies:	Please contact Bedford for more information.
Individual service:	Yes
Cost per client:	Moderate: \$69.34, High: \$83.51, Very High \$97.68.
Extra costs:	Small additional daily costs depending on program/activities.
Transport:	Transport is not provided.
Comments:	Program hours are from 8am to 4-30pm, this extended hours of service is only offered to parents/carers who work full time and require this extra hours of service to maintain their 'normal' weekly routine. Transport levy is charged per month.

Bedford – Day Option Program – Compass

Contact person:	Rod Sandercock
Postal address:	PO Box 1130 Pt Lincoln SA 5606
Phone number:	8682 6011
Fax number:	8682 1985
Email address:	compass@bedfordgroup.com.au
Key areas/service:	Business services, day options.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Supported employment and vocational skills training accessing local training options.
Description of program(s):	Cleaning, gardening and farming.
Hours of program:	Monday to Friday 9:00am-5:00pm.
Region where program(s) provided:	Eyre Peninsula
Numbers of places catered for:	Business services: 31 Day options: 8
Clients needs catered for:	Information not available at time of printing.
Vacancies:	Please enquire by contacting Bedford – Compass
Cost per client:	Moderate: \$69.34, High: \$83.51, Very High \$97.68
Transport:	Transport is provided as required (pick up and return home before and after work) Cost: \$4 per trip (one way)
Extra costs:	Small additional daily costs depending on program/activities.

Bedford Day Option Program – Millicent

Contact officer's name:	Neil Sylvia
Postal address:	16-18 George Street Millicent SA 5280
Phone number:	8733 2966
Fax number:	8733 4194
Email address:	bedford@bedfordgroup.com.au
Website address:	www.bedfordgroup.com.au
Mission statement/service goals:	To provide opportunities and support to people with a disability to achieve their goals and fulfil their potential.
Key areas/service:	Day options
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Individualised day option programs which include participation in recreation, leisure, social, educational and work preparation activities.
Description of program(s):	Various centre-based and community-based activities.
Hours of program:	Monday to Tuesday 9:00am-3:00pm.
Region where program(s) provided:	Millicent
Numbers of places catered for:	Please enquire with Bedford – Millicent
Clients needs catered for:	Low, moderate, high – individual assessment for suitability and support requirements on application.
Vacancies:	Available on request.
Individual service:	Yes
Staffing support:	As required.
Staff qualifications:	Disability Support Work Certificate 3 or higher, Senior First Aid Certificate.
Cost per client:	Moderate: \$69.34, High: \$83.51, Very High \$97.68

Extra costs: Small additional daily costs, depending on program/activities.

Transport: Transport is provided to and from activities during the day as required.
Cost: Small daily levy.

Bedford Gambier Contracts – Mt Gambier

Contact person:	Grant White, Des Mutton
Postal address:	PO Box 8142 Mt Gambier East SA 5291
Phone number:	8725 9588
Fax number:	8725 9250
Email address:	bedford@bedfordgroup.com.au
Website address:	www.bedfordgroup.com.au
Mission statement/service goals:	To provide opportunities and support to people with a disability to achieve their goals and fulfil their potential.
Key areas/service:	Employment.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Supported employment/vocational skills training.
Description of program(s):	Cleaning, gardening, salvage yard and packaging.
Hours of program:	Monday to Friday 8:30am-5:00pm.
Region where program(s) provided:	Mt Gambier.
Numbers of places catered for:	37
Clients needs catered for:	Minimal, low and moderate.
Vacancies:	Please contact Bedford for information.
Individual service:	Yes – individual training plans.
Staffing support:	Staff: client support ratio varies according to program.
Staff qualifications:	Competent trainer/supervisors.
Cost per client:	Moderate: \$69.34, High: \$83.51, Very High \$97.68
Extra costs:	Participants are responsible for their own expenses (eg transport, lunch).
Transport:	Transport is not provided.

Bedford Day Option Program – Pt Lincoln

Contact person:	Catherine MacDonald
Postal address:	PO Box 1130 Pt Lincoln SA 5606
Phone number:	8682 6011
Fax number:	8682 1985
Email address:	bedford@bedfordgroup.com.au
Website address:	www.bedfordgroup.com.au
Mission statement/service goals:	To provide opportunities and support to people with a disability to achieve their goals and fulfil their potential.
Key areas/service:	Day options
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Individualised day option programs which include participation in recreation, leisure, social, educational and work preparation activities.
Description of program(s):	Bedford Day Options – Pt Lincoln provides life skill training and learning through recreational activities both centre and community-based – Centre-based – Cooking, computer, art and craft, cleaning, music. Community based – Swimming, gym, egg delivery, shopping, library.
Hours of program:	Monday to Friday 9:00am-3:00pm.
Region where program(s) provided:	Pt Lincoln.
Numbers of places catered for:	Please enquire with Bedford – Pt Lincoln.
Clients needs catered for:	Low, moderate, high – individual assessment for suitability and support requirements on application.
Vacancies:	Available on request.
Individual service:	Yes
Staffing support:	As required.

Staff qualifications:	Disability Support Work Certificate 3 or higher, Senior First Aid Certificate.
Cost per client :	Moderate: \$69.34, High \$83.51, Very High: \$97.68.
Extra costs:	Small additional daily costs depending on program/activities.
Transport:	Transport is provided to and from activities during the day as required (but not pick and return home). Cost: Small daily levy

Bedford Day Option Program – Pt Pirie

Contact person:	Catherine MacDonald
Postal address:	45-47 Esmond Road Pt Pirie SA 5540
Phone number:	8632 3370
Fax number:	8632 3370
Email address:	bedford@bedfordgroup.com.au
Website address:	www.bedfordgroup.com.au
Mission statement/service goals:	To provide opportunities and support to people with a disability to achieve their goals and fulfil their potential.
Key areas/service:	Day options.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Individualised day option programs which include participation in recreation, leisure, social, educational and work preparation activities.
Description of program(s):	Various centre-based and community activities.
Hours of program:	Monday to Friday 10:00am-3:00pm.
Region where program(s) provided:	Pt Pirie.
Numbers of places catered for:	Please enquire with Bedford – Pt Pirie.
Clients needs catered for:	Low, moderate, high – individual assessment for suitability and support requirements on application.
Vacancies:	Available on request.
Individual service:	Yes
Staffing support:	As required.
Staff qualifications:	Disability Support Work Certificate 3 or higher, Senior First Aid Certificate.
Cost per client:	Moderate: \$69.34, High \$83.51, Very High: \$97.68.

Extra costs: Small additional daily costs, depending on program/activities.

Transport Transport is provided to and from activities during the day as required.
Cost: Small daily levy.

Bedford Day Option Program – Wallaroo Community Garden

Contact person:	Catherine MacDonald
Postal address:	PO Box 118 Wallaroo SA 5556
Phone number:	8823 3788
Fax number:	8823 3668
Email address:	bedford@bedfordgroup.com.au
Website address:	www.bedfordgroup.com.au
Mission statement/service goals:	To provide opportunities and support to people with a disability to achieve their goals and fulfil their potential.
Key areas/service:	Day options
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Individualised day option programs which include participation in recreation, leisure and social, educational and work preparation activities.
Description of program(s):	Bedford day Options – Wallaroo provides life skill training and learning through recreational activities both centre and community-based – Centre-based – cooking, computer, art and craft, cleaning, music and dance, gardening. Community-based – Meals on Wheels, fishing, shopping, library, Chat n Chew.
Hours of program:	Monday to Friday 10.00am-4.00pm.
Region where program(s) provided:	Wallaroo.
Numbers of places catered for:	Please enquire with Bedford – Wallaroo.
Clients needs catered for:	Low, moderate, high – individual assessment for suitability and support requirements on application.
Vacancies:	Please contact Bedford.
Individual service:	Yes
Staffing support:	As required.

Staff qualifications:	Disability Support Work Certificate 3 or higher, Senior First Aid Certificate.
Cost per client:	Moderate: \$69.34, High \$83.51, Very High: \$97.68.
Extra costs:	Small additional daily costs, depending on program/activities.
Transport:	Transport provided to and from activities during the day as required (but not pick up and return home). Cost: small additional daily levy.

Centanet Day Option Programs (Centacare)

Contact person:	Helen Yates
Postal address:	7 Wheaton Road Plympton SA 5038
Phone number:	8297 7851 or 0417 813 167
Fax number:	8297 7447
Email address:	hyates@centanet.org.au
Mission statement/service goals:	Centanet provides day option services based around the person's needs, interests and choices. The service supports people in their lifestyle choices and aims to enhance their independence and control of their lives, as well as providing fun and enjoyment. Needs are met in a caring, considerate and professional manner by staff who are skilled, experienced and flexible. The atmosphere of the service is warm, calm and relaxed, balanced with feelings of excitement and enjoyment. There is support and camaraderie between staff and families and/or carers, involving a partnership approach with 'cross-fertilisation' of ideas and sharing of experiences.
Key areas/service:	Day options.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Recreation, leisure, social and personal skills development.
Description of program(s):	Centanet Day Options program consists of a combination of centre based activities, (example cooking, arts and crafts, gardening, games and puzzles), and community activities, (eg swimming, bowling and attending community events like music shows, plays). Activities are based around the individual needs and interests of clients and their lifestyle choices. Both centre based and community activities are purposeful and encourage independence.
Hours of program:	Monday to Friday 9:30am-3:00pm 48 weeks per year (closed over the Christmas period)

Region where program(s) provided:	Most accessible for the southern metropolitan and western regions. Northern and north eastern regions can access the service if transport is available.
Numbers of places catered for:	8
Clients needs catered for:	Centanet can meet the needs of consumers with Moderate or High support needs. Though will also consider consumers with Low support needs.
Vacancies:	Please contact Centanet.
Staff qualifications:	Certificate in Community Services (Disability), First Aid Certificate.
Cost per client:	Moderate support: \$66.00 High support: \$99.00 Very High support: \$120.00
Extra costs:	Activity costs and transport fees.
Transport:	Transport can be provided – costs are based from Centanet: up to 10km \$10.00 per day, 11-15kms \$14.00 per day, 16-20km \$18.00 per day and 21kms and over \$22.00 per day.

Community and Home Support SA – Disability Services – Day Option Program – NorthLink

Contact person name:	Tom McDonagh
Postal address:	696-710 Grand Junction Road Oakden SA 5086
Phone number:	8266 8689 or 0488132305
Fax number:	8266 8698
Email address:	elizabeth.garrett@dfc.sa.gov.au
Mission statement/service goals:	<p>To enhance personal growth and independence for people with intellectual disability.</p> <p>To provide a high quality day option service that is client-centered, cost effective and has a developmental, educational and recreational focus based around the participant's individual choices, needs and aspirations.</p>
Key areas/service:	Recreation and educational.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Day options.
Description of program(s):	Combined centre and community-based Day Option program within a group setting focusing on the individual's needs and preferences and reflecting the participant's personal goals and aspirations. The program incorporates educational, recreational, social and vocational elements with the aim of building on the person's existing skills and offering new learning opportunities.
Hours of program:	Monday to Friday 9:00am-3:30pm.
Region where program(s) provided:	Northern, north eastern, western and eastern suburbs.
Numbers of places catered for:	Approximately 12, depending upon support needs
Clients needs catered for:	Moderate, High and Very High.
Vacancies:	Please contact Northlink for more information.
Individual service:	Can be negotiated upon request.

Staffing support:	1:3. Additional volunteer support is provided by the Disability Services Volunteer Service.
Staff qualifications:	Certificate 3 and/or 4 in the relevant TAFE qualification and/or significant experience in the field of intellectual disability; Senior First Aid, training in the areas of administration of medication, manual handling, challenging behaviors, credentialing associated with individual health needs (ie peg feeds, nebuliser masks etc); core competency qualifications through the DCSI College of Learning and Development; Police check prior to employment.
Cost per client:	Moderate: \$66.58, High: \$80.19 and Very High: \$93.79.
Extra costs:	\$12.50 per week for incidental costs associated with the program (eg ingredients for cooking classes, art/craft supplies). Entry fees to various venues/activities (eg ten pin bowling, movies).
Transport:	Transport provided outside of scheduled program times – pick up and return. Fortnightly charges equivalent to the Mobility Allowance.
Comments:	NorthLink utilises volunteer support to enhance the program for participants. Volunteers drive vehicles and assist participants during activities. Duties such as providing personal care and administering medication are undertaken only by paid staff.

Community Bridging Services and Day Option Program

Contact person:	Poppie Keyl
Postal address:	c/- TAFE SA Gilles Plains Campus Blacks Road Gilles Plains 5086
Phone number:	8201 4322 or 8207 1210
Fax number:	8201 4317
Email address:	poppie.keyl@cbsinc.org.au
Website address:	www.communitybridgingservices.org.au
Mission statement/service goals:	CBS is committed to supporting people with a disability or who are disadvantaged to realise their full potential, achieve their personal goals and to ensure maximum opportunity for community involvement and personal growth by providing innovative services in recreation, further education and employment.
Key areas/service:	Recreation, further education and open employment services.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	'Choices' recreation and skills development.
Description of program(s):	Provide the opportunity for individuals to increase their life options and skills through a range of positive recreational experiences. CBS provides a range of regular and occasional activities within the community such as going to parks, the beach, bowling, movies, cooking, craft, pamper days, Royal Adelaide Show, Fringe, Music Works and Soundwaves, just to name a few. We currently run 15 Choices, recreation and skill development programs; 15 half day community based recreation programs; 5 focused programs designed to meet the needs of the user and help develop independent living skills; 5 Art programs; and 2 overnight camps. Our further education programs include 1.5 days of literacy and numeracy classes held in conjunction with TAFE SA.

Hours of program:	Monday to Friday 8:30am-5:00pm (hours vary depending on the program).
Region where program(s) provided:	Metropolitan Adelaide.
Numbers of places catered for:	Various
Clients needs catered for:	Minimal, low, moderate, high, very high.
Individual service:	No
Staffing support:	Minimum 2:6 up to 6:6.
Staff qualifications:	Minimum requirements: Current First Aid Certificate, disability awareness training and current full driver's licence. Other training as required (eg medication administration, manual handling etc).
Cost per client:	From \$60 per session (low to moderate support needs).
Extra costs:	\$5 daily cost.
Transport:	Transport is provided. Included in low support; cost for high support clients is available on application. Pick up and return home, depending on location. Negotiated prior to commencement of the program. Cost: Usually nil.

Community Choices Pty Ltd – Day Option Program

Contact person:	Sarah Tucker
Postal address:	Unit 1, 15-17 Princes Road Kingswood SA 5062
Phone number:	8273 7800
Fax number:	8273 7899
Email address:	saraht@communitychoices.com.au
Website address:	www.communitychoices.com.au
Mission statement/service goals:	<p>It is the aim of Community Choices to implement services that encourage independence, self-reliance and confidence, thereby enhancing individual self-esteem and providing purpose in life.</p> <p>Community Choices encourages social inclusion and assists clients to develop broader networks within the community.</p> <p>Community Choices' motto: 'Tell me and I may forget. Show me and I may understand. Involve me and I will learn.'</p>
Key areas/service:	Day options, living skills training, recreation.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Recreation, leisure, social, developmental, living skills and volunteer work experience programs.
Description of program(s):	<p>Community Choices Day Options Programs offer structured activities which are based on the individual goals that have been set for each participant. These activities are both centre and off site based. Our main focus is on encouraging independent living skills through music, drama, visual arts and crafts. We strive towards social inclusion within the local community for all participants. Some examples common to our Day Options programs are: Independent living skills: cooking, laundry, money skills, computing, Recreation: swimming, library, shopping, bowling, movies, Outdoor life skills: gardening, woodwork, maintenance, outdoor art, Vocational training: drama, crafts, arts,</p>

volunteering, We aim to provide specialised programs to meet each client's specific goals and outcomes.

Hours of program:	9:00am-3:30pm
Region where program(s) provided:	Klemzig
Numbers of places catered for:	12
Clients needs catered for:	Low, moderate, high, very high.
Vacancies:	Please contact Community Choices.
Individual service:	Negotiable hourly fee for 1:1 individual training/service.
Staffing support:	Between 1:1 and 1: 3 depending on care required. Usually 1:3.
Staff qualifications:	<p>Minimum requirements: Certificate 3 in Disability Studies or equivalent, Manual Handling Certificate, credentials specific to individual clients, Police clearance, Senior First Aid.</p> <p>Desirable personal qualities: A good attitude and empathy towards people with a disability, flexibility and able to adapt to many different situations; a good sense of humour.</p>
Cost per client :	<p>Low support: \$85.55 Moderate support: \$111.00 High support: \$146.60 Very high support: \$162.10</p> <p>Benchmark funding levels are accepted for those attending full-time.</p>
Extra costs:	\$6 activity cost.
Transport:	Transport is not provided.

Community Lifestyles Inc – Day Option Program

Contact officer's name:	Susan Michael
Postal address:	6 Third Avenue Murray Bridge SA 5253
Phone number:	8531 0815
Fax number:	8531 0099
Email address:	admin@comlife.org.au
Website address:	website: www.comlife.org.au
Mission statement/service goals:	To provide a flexible and comprehensive range of integrated lifestyle support options that meet the identified needs of people with disability living in the Murraylands.
Key areas/service:	Consumer choice, independence, pre-vocational skills development, integration, dignity, confidentiality and encourage rights.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Recreation, leisure, social, pre-vocational, independent living skills, personal skills development, community awareness and networking.
Description of program(s):	Both centre based and community based. Programs range from Arts and Discovery, Life Skills and Pre Vocational to Recreation and Leisure.
Hours of program:	9.00am-3.00pm.
Region where program(s) available:	Murraylands.
Numbers of places catered for:	Flexible.
Clients needs catered for:	All support needs.
Vacancies:	Please contact Community Lifestyle Inc.
Individual service:	Providing services according to identified need.
Staffing support:	Varies depending on support needs.

Staff qualifications:	Community Services Certificate 3, Senior First Aid Cert; ongoing credentialing and in-house training as required.
Cost per client per day:	Moderate: \$114.53, High: \$142.44 and Very High: \$181.33.
Extra costs:	\$7.50 per day covers cost of resources and activity.
Transport:	Consumer will pay \$7.50 per day (\$3.75 per trip) for transport support. Distances further than 20km (one way) from Community Lifestyles Inc to be negotiated.

Community Living and Support Services (CLASS) – Day Option Program

Contact person:	Letitia Wagenknecht
Postal address:	PO Box 1166 Strathalbyn SA 5255
Phone number:	8536 5800 or 0488 363 343
Fax number:	8536 3351
Email address:	letitia.wagenknecht@classinc.com.au
Website address:	www.classinc.com.au
Mission statement/service goals:	<p>To be a leader in providing quality services to people with a disability that enhances their independence and inclusion in the community.</p> <p>To ensure people with a disability are included in their community and that their skills and gifts are valued.</p> <p>To enrich the lives of people with a disability by offering a range of services that meet their individual needs.</p>
Key areas/service:	Day options.
Eligibility criteria:	Eligible for Disability Services. Age 17 years and over.
Program(s) available:	Day options including recreation, leisure, independent living skills development, community volunteering, weekend and holiday respite and camps.
Description of program(s):	<p>Community-based activities include: swimming, gym, lawn bowls, ten pin bowling, carpet bowls, Meals on Wheels, Green Team (Gardening), Sports Ability, Tri-state training, transport training, walking, surfing, grocery shopping, lunch outings, library.</p> <p>Centre-based activities include: scrapbooking, cooking, cleaning, craft, menu planning, computer skills, Chillout (Wii and DVDs), music programs, board and card games, personal grooming.</p>
Hours of program:	9:30am-3:30pm

Region where program(s) provided:	Adelaide Hills – Mt Barker (14 Hack St) and Nairne (5/122 Main Road) Kangaroo Island – Kingscote.
Numbers of places catered for:	Based on individual needs.
Clients needs catered for:	Moderate, high and very high.
Vacancies:	Please contact CLASS.
Staffing support:	Maximum of 4 clients to one staff member at any one time. Moderate (1:4), High (1:3), Very high (1:2).
Staff qualifications:	Bachelor Social Sciences, Community Services Certificate 3, Senior First Aid Certificate, PART , credentialed in medication administration and other staff training to address changing client needs.
Cost per client :	Moderate: \$69.82, High: \$84.08 and Very High: \$98.35.
Extra costs:	\$6.50 carer activities and program costs.
Transport:	Allocated pick up zones in Strathalbyn, Aldgate and Lobethal which does not incur a cost to clients. Clients being transported to and from their residence are charged \$6 each way).
Comments:	CLASS services and programs are tailored to meet the needs of individuals.

COMREC Australia Pty Ltd – Day Option Program

Contact person:	Judy Jones
Postal address:	PO Box 675 Prospect East SA 5082
Phone number:	8344 2217
Fax number:	8344 2217
Email address:	judy@comrec.com.au
Website address:	www.comrec.com.au
Mission statement:	To provide a professional service with the highest quality standard of care. COMREC's first consideration is each client's individual requirements and needs. The emphasis is on the development of learning life skills, training, health, fitness and fun in a social group, making friends and leading fulfilling lives in a safe and supportive environment, whilst reaching their individual development potential.
Service goals:	To provide participants with positive recreational, self development and social learning opportunities associated with the worthwhile, enjoyable and socially valued activity of their choice.
Key areas/service:	We can accommodate most levels and types of disability and specialise in behaviour management. We have limited wheel chair places available.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Vocational Choice, Social/Recreational Choice and Lifestyle/Centre Based.
Description of program(s):	All programs operate out of a venue designed to feel homely and welcoming. Activities are both centre based and community based. There are 3 different options to choose from per day including a Vocational Choice (eg hospitality and catering, computer studies, gardening, numeracy and literacy), Social/Recreational Choice (eg sports, movies, swimming, bowling, bush walking, BBQs, dancing etc) and Lifestyle/Centre Based (eg

	cooking, craft, indoor games, beauty therapy). Programs change monthly.
Hours of program:	9:30am-3:30pm
Region where program(s) provided:	Elizabeth North, Modbury Heights, Netley, Mt Gambier Step Ahead: College Park, Elizabeth North.
Numbers of places catered for:	24
Clients needs catered for:	Low to very High support needs.
Vacancies:	Please contact COMREC.
Individual service:	1:1 support can be arranged if required.
Staffing support:	Approx 1:4 can be up to 1:1 depending on activity and client needs. Step Ahead 1:5.
Staff qualifications:	Minimum requirement Certificate 3 Community Services or equivalent, Police record check, first aid and medication training. Registered Nurse on call 24 hours, social worker, psychologist and lawyer.
Cost per client :	Moderate: \$69, High: \$83 and Very High: \$118. These costs can vary due to specific needs. COMREC accepts benchmark allocations for a five-day place if required.
Extra costs:	Information about entry fees etc is provided to clients each month. There is usually at least one free activity each day, and clients can choose what they would like to do.
Transport:	Transport to and from home \$12 return per day.
Comments:	COMREC also has a Step Ahead Program designed for people with no behaviour issues who need a smaller, quieter group. Primarily designed for older clients these programs also attract younger clients who don't cope with noise and bustle of large groups.

Hills Community Options – Day Option Program

Contact person:	Aileen Dawson
Postal address:	76 Hutchinson Street Mt Barker
Phone number:	8398 4400
Fax number:	8398 4544
Email address:	adawson@hillsco.com.au
Website address:	www.hillsco.com.au
Mission statement/service goals:	To provide flexible services that assist individuals to achieve their vocational and personal goals and innovative services committed to quality outcomes for consumers; promote growth and sustainability through the strategic development of services and quality management practices, and develop and value staff by recognising achievements and supporting career development.
Key areas/service:	Employment, day options.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Open employment, supported employment, day options, youth program.
Description of program(s):	Hills Community Options provide a program that is based on a strong learning model and is intended to assist the participants, through individually selected options to learn and develop new and applicable skills within the context of their preferences and choices. The program has a ratio of staff to client of 1:3 clients, there being opportunity for some small one to one options. Much of the activity and engagement is in open community, there also being a number of activities that occur in a centre based mode, we having access to three separate venues in which to operate, thus reducing the number of clients in any one location. We have a number of prepared curricula, written by a trained Special Education teacher, these include, Healthy Lifestyles, Living in Community , Thinking Skills, Being Friends, Personal Development, What's all this about work, Explorers and

Literacy and Numeracy. We also engage in small enterprises whereby the clients through art, gardening, flower arranging and craft share in the income from sales of their goods. We also have a SHED, whereby simple tasks in woodwork, metal work and mechanics are undertaken.

Hours of program:	Monday to Friday 9.30am-3.30pm.
Region where program(s) provided:	76 Hutchinson St, Mt Barker, 12 Weld Cres, Mt Barker, Masonic Hall, Hutchinson St, Mt Barker and Gumeracha Aged Care Facility.
Numbers of places catered for:	Information not available at time of publication.
Clients needs catered for:	Moderate to Very High.
Vacancies:	Please contact Community Hills Options for more information.
Individual service:	Information not available at time of publication.
Staffing support:	Staff to client are currently at 1:3.
Staff qualifications:	Minimum requirement Community Services Certificate level 4 (Disability).
Cost per client:	Moderate:\$67.87, High: \$81.74, Very High \$95.60.
Transport:	We pick up and drop clients home. A fee for facilities and transport is levied at \$6.50 per day.

KnH Quality Time Services – Day Option Program

Contact person:	Kym and Greg Plunkett
Postal address:	PO Box 513 Lobethal SA 5241
Phone number:	8389 5622 0408 087 394 (Kym) 0409 098 052 (Greg)
Fax number:	8389 5633
Email address:	knhquality@bigpond.com
Website:	www.knhquality@bigpond.com
Mission statement/ service goals:	KnH Quality Time Services provides excellence in education, training and care by offering progressive, individualised, supportive programs complemented by an expansive and changing curriculum that benefits an enhanced health status and skill development with eventual support to assist clients to achieve inclusion in community organisations and venues.
Key areas/service:	Further education.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Voluntary work programs, recreation and leisure, creative arts, animal care, sports, gardening, environmental care and social skills.
Description of program(s):	KnH Quality Time Services offer structured and varied Day Option Programs. It is our aim to continually improve on the options and choices we offer our clients. Our programs include in house arts and crafts, cooking, community volunteer program (eg gardening and maintenance of Paracombe Recreation Grounds), sports including indoor soccer and basketball, swimming and bowling. Our voluntary work program is run in partnership with Forestry SA, KESAB and Gorge Wildlife Park. We have recently moved into new office premises in Lobethal which has also allowed us to expand our program to cover the Adelaide Hills and Mt Barker Regions. Drinks and sunscreen supplied.

Hours of program:	Monday to Friday 8:30am-4:00pm. Operates 48 weeks of the year.
Region where program(s) provided:	Paracombe and Lobethal (serving North, North East Suburbs and Adelaide Hills).
Numbers of places catered for:	Paracombe – Approx 30/day Lobethal approx 6-8/day.
Clients needs catered for:	Moderate, High and Very High.
Vacancies:	Please contact KnH Quality Time Services.
Individual service:	Available by negotiation.
Staffing support:	Average 1:3, dependent on individual and group needs.
Staff qualifications:	Staff have or are undertaking training in Certificate 3 in Disability or equivalent, First Aid or Senior First Aid, Police check. All staff have talents that complement the program. A Registered Nurse is available on call.
Cost per client:	Moderate: \$70.80, High: \$85.25 and Very High: \$99.75.
Extra costs:	\$100 annual activity fee that covers all materials and programs at Paracombe. No daily fee. Occasional excursions and spending money for excursions (eg Royal Show, croquet) are not included in the activity fee and will be advised if required.
Transport:	Transport is provided at a prearranged central pick-up point. Cost: from \$12.50 per session (less if from a central pick-up point).
Comments:	All enquiries welcome.

Lifestyle Assistance and Accommodation Service Inc (LAAS)

Contact person:	Andrew Hawkins
Postal address:	PO Box 1019 Loxton SA 5333
Phone number:	8584 76189
Fax number:	8584 5394
Email address:	dayoptions@inet.net.au
Website address:	www.laas.com.au
Mission statement/service goals:	LAAS leads the way in service excellence for people with disabilities through excellent leadership, effective communication systems, working together, consumer satisfaction, sound management practices, setting and achieving quality service outcomes, responsible contracting practices, people development. LAAS prides itself on providing learning outcomes that are worthwhile and which can be applied realistically in daily living.
Key areas/service:	Day options, supported accommodation.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Supported accommodation service and community-based day options providing comprehensive planning, support and assistance on an individual and group basis.
Description of program(s):	Centre-based activities: Cooking, music, dance, drama, grooming, numeracy, literacy, gardening, personal and shared communication, computer skills, board games, multi-sensory environment, arts and craft, barbeques, budgets and managing finances. Community-based activities: Ten pin bowling, cricket, lawn bowls, bocce, basketball, kite flying, fishing, swimming, barbeque, hotel visits, library, outdoor games, shopping, gem and mineral club.
Hours of program:	48 weeks – Monday to Friday 9:00am-3:00pm.
Region where program(s) provided:	Riverland region.

Numbers of places catered for:	17
Clients needs catered for:	Moderate to High.
Vacancies:	Please contact LAAS for more information.
Individual service:	If required and funded. Currently, services are provided to small groups.
Staffing support:	Relative to client need – varies 1:3, 1:4, 1:5, 2:5, 2:6.
Staff qualifications:	Minimum requirement: Certificate 2 Disability Work. Most staff have Certificate 4 Disability Work and relevant competency auditing for medication and associated health needs.
Cost per client:	Moderate: \$82.48 and High \$100.47.
Transport:	Public transport scheme: Clients travel by bus at no cost to client LAAS pay cost.
Extra costs:	\$7.50 daily activity fee.

Minda Day Option Program – Building Abilities

Contact person name:	Dale Govett, Senior Manager, Day Options
Postal address:	PO Box 5 Brighton SA 5048
Phone number:	8422 6200
Fax number:	8422 6330
Email address:	dale.govett@minda.asn.au
Website address:	www.mindainc.com.au
Mission statement/service goals:	Promoting growth, independence and support for people with intellectual disability.
Key areas/service:	Recreation, education, pre-vocational programs
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Recreation, education (independent living skills, personal development) and pre-vocational preparation
Description of program(s):	Minda Inc offers a variety of high quality, engaging Day Option Programs for people living with intellectual disability. These programs strive to improve confidence, self-reliance, community participation and self-image. Our staff work with the individual and their families to ensure that support needs and interests are considered in selecting the most appropriate program option. All of our Day Option Programs are centre-based with the exception of the ReConnect program. All of our programs are run from the Brighton Campus with the exception of the Homestead Cottage program that is located at Blackwood. Sturt Cottage Craft caters for people with a strong interest in craft and provides an alternative to employment, Building Abilities/Chuaninga/Leverington Nth – These programs are designed to support young people living with intellectual disability to transition into adult life. Retirement Lifestyle Services provides a range of home, centre and community-based leisure options for people who have retired from work. Leverington Sth provides activities for people

with high to moderate support needs. Opportunities are provided to undertake pottery, art, gardening, leaflet delivery and woodwork as well as community service work such as packing food parcels for charities. Future Directions caters specifically for people who present with challenging behaviours. Homestead Cottage, located at Blackwood the program, offers a mixture of vocationally and social based activities. Participants benefit from the open space and tranquillity that characterise the program's surrounds. The Day Centre offers socially-based activities for people with high physical support needs. Activities are structured with high staff ratios to maximise individual participation and enjoyment. ReConnect is an individualised program with a 1:1 staff ratio designed for people who do not wish to or do not have the capacity to pursue regular participation in group based day options. The program actively supports participants to pursue their interests in community settings and participate in community events. Tutti Arts is a visual and performing arts program.

Hours of program:	Monday to Friday 9:30am-3:30pm.
Region where program(s) provided:	Brighton, Blackwood.
Numbers of places catered for:	21
Clients needs catered for:	Moderate, high.
Vacancies:	Please contact Minda for current information.
Staffing support:	1:4 clients on average but rations vary from Program to Program.
Staff qualifications:	Certificate 4 in Community Services (Disability Work).
Cost per client :	Moderate support \$95, High support: \$105 Very High: \$126.
Extra costs:	\$10 per week plus occasional fees for some activities.
Transport:	Transport is not provided.
Comments:	Programs for clients with exceptionally high needs can be negotiated but depend on program capacity.

Minda Day Option Program – Chuaninga

Contact person:	Dale Govett, Senior Manager, Day Options
Postal address:	PO Box 5 Brighton SA 5048
Phone number:	8422 6200
Fax number:	8422 6330
Email address:	dale.govett@minda.asn.au
Website address:	www.mindainc.com.au
Mission statement/service goals:	Promoting growth, independence and support for people with intellectual disability.
Key areas/service:	Supporting young people in the transition to adult life by offering choice and access to a range of activities and life experiences.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Recreation, education, pre-vocational preparation
Description of program(s):	Recreation, education (independent living skills, personal development) and pre-vocational preparation. Chuaninga has a focus on participation in the community. Activities are designed to meet the needs, goals and life choices of the individual.
Hours of program:	Monday to Friday 9:30am-3:30pm.
Region where program(s) provided:	Brighton.
Numbers of places catered for:	20
Clients needs catered for:	Moderate, high.
Vacancies:	Please contact for information.
Staffing support:	1:4 on average.
Staff qualifications:	Certificate 4 in Community Services (Disability Work).
Cost per client:	Moderate support \$95, High support: \$105 Very High: \$126.

Extra costs: \$10 per week plus occasional fees for some activities.

Transport: Transport is not provided.

Minda – Day Option Program – The Day Centre

Contact person:	Dale Govett, Senior Manager, Day Options
Postal address:	PO Box 5, Brighton SA 5048
Phone number:	8422 6200
Fax number:	8422 6330
Email address:	dale.govett@minda.asn.au
Website address:	www.mindainc.com.au
Mission statement/service goals:	Promoting growth, independence and support for people with intellectual disability.
Key areas/service:	Day options.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Recreation.
Description of program(s):	Day activities for people with moderate to severe intellectual disability.
Hours of program:	Monday to Friday 9:30am-3:30pm.
Region where program(s) provided:	Southern, south western metropolitan areas.
Numbers of places catered for:	50
Vacancies:	Please contact for information about current vacancies.
Staffing support:	1:6
Staff qualifications:	Certificate 4 Community Services (Disability Work).
Cost per client:	Moderate support \$95, High support: \$105 Very High: \$126.
Extra costs:	Occasional fees for some activities.
Transport:	Transport is not provided.

Minda – Day Option Program – Future Directions

Contact person:	Dale Govett, Senior Manager, Day Options
Postal address:	PO Box 5 Brighton SA 5048
Phone number:	8422 6200
Fax number:	8422 6330
Email address:	dale.govett@minda.asn.au
Website address:	www.mindainc.com.au
Mission statement/service goals:	Promoting growth, independence and support for people with intellectual disability.
Key areas/service:	Day options.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Behaviour management/modification, recreation, vocational skills, social skills, community-based activities.
Description of program(s):	Future Directions has a focus on behaviour management/modification, with longer term integration into mainstream programs being the ultimate goal.
Hours of program:	Monday to Friday 9:30am-3:30pm.
Region where program(s) provided:	Southern and south western metropolitan area.
Numbers of places catered for:	20
Clients needs catered for:	High, very high, challenging behaviour.
Vacancies:	Please contact for current information.
Individual service:	Information not available at time of publication.
Staffing support:	1:3
Staff qualifications:	Certificate 4 Community Services (Disability Work).
Cost per client:	Moderate support \$95, High support: \$105, Very High: \$126.
Extra costs:	Fees for some activities.
Transport	Transport is not provided.

Minda – Day Option Program – Leverington North

Contact person:	Dale Govett, Senior Manager, Day Options
Postal address:	PO Box 5 Brighton SA 5048
Phone number:	8422 6200
Fax number:	8422 6330
Email address:	dale.govett@minda.asn.au
Website address:	www.mindainc.com.au
Mission statement/service goals:	Promoting growth, independence and support for people with intellectual disability.
Key areas/service:	Day options.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Centre-based activities for people with moderate/severe intellectual disability including recreation, craft, cooking, community-based activities.
Description of program(s):	Leverington North has a focus on client choice of activities and participating in the community.
Hours of program:	9:30am-3:30pm
Region where program(s) provided:	Southern, south western metropolitan area.
Numbers of places catered for:	30
Clients needs catered for:	Moderate to high.
Vacancies:	Please phone for current vacancies.
Staffing support:	1:6
Staff qualifications:	Certificate 4 Community Services (Disability Work).
Cost per client:	Moderate support \$95, High support: \$105, Very High: \$126.
Extra costs:	Occasional fees for some activities.
Transport:	Transport is not provided.

Minda – Day Option Program – Leverington South

Contact person:	Dale Govett, Senior Manager, Day Options
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Phone number:	8422 6200
Fax number:	8422 6330
Email address:	dale.govett@minda.asn.au
Website address:	www.mindainc.com.au
Mission statement/service goals:	Promoting growth, independence and support for people with intellectual disability.
Key areas/service:	Day options.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Centre-based activities.
Description of program(s):	Centre-based activities for people with moderate/severe intellectual disability, with a focus on artistic, craft and gardening activities (eg pottery, volunteer work program, 'Blokes' Shed') and assisting the community through volunteer works.
Hours of program:	9:30am-3:30pm.
Region where program(s) provided:	Southern and south western metropolitan area.
Numbers of places catered for:	30
Clients needs catered for:	Moderate to high.
Vacancies:	Please phone for current vacancies
Staffing support:	1:6
Staff qualifications:	Certificate 4 Community Services (Disability Work).
Cost per client:	Moderate support \$95, High support: \$105, Very High: \$126.
Extra costs:	Occasional fees for some activities.
Transport:	Transport is not provided.

Riverland Respite and Recreation Service Inc – Day Option Program

Contact person:	Stefan Hirschi
Postal address:	28A Kay Avenue Berri SA 5343
Phone number:	8582 3110 or 8582 3690 0408 843 492
Fax number:	8582 3884
Email address:	ceo@riverlandrespite.org.au
Website address:	www.riverlandrespite.org.au
Mission statement/service goals:	To deliver quality respite, recreation, accommodation and day option services that are accessible, responsive, developmental and efficient.
Key areas/service:	<p>A range of respite and recreation opportunities for people with disability and their families living within the Riverland Region:</p> <ul style="list-style-type: none">• Centre-based respite.• Respite in the family home.• Respite for a family member in the support worker's home.• One-week holidays both interstate and within South Australia.• A variety of sporting and recreation activities on weekends, weeknights and during the school holidays.• A developmental and enjoyable day option program for students who have left special school and do not have a meaningful day activity.• Accommodation service.• Support to people living independently.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Day options, recreation, sporting programs including Special Olympics.
Description of program(s):	Programs are both centre-based and community-based. Activities include, a local recycling program, volunteering, cooking, computing, community garden involvement, mosaic (art) activities, social skills, sport and leisure activities (swimming, ten pin bowling), music etc.

Hours of program:	Monday to Friday 9:00am-3:00pm.
Region where program(s) provided:	Riverland area.
Numbers of places catered for:	Information not available at time of printing.
Clients needs catered for:	Moderate, High and Very High.
Vacancies:	Yes
Individual service:	If required.
Staffing support:	Depending on client structure and needs but generally 3:1 or 4:1.
Staff qualifications:	All staff have Community Services certificate or equivalent, Senior First Aid Certificate, credentialed in medication, accredited in manual handling, accredited in mandatory reporting, Police check (which is updated regularly).
Cost per client:	Moderate \$ 70.81; High \$ 85.28 and Very High \$ 99.74.
Extra costs:	Yes for special activities.
Transport:	Daily transport (collection and drop off) is available for \$ 6 per day.
Comments:	Recreation and sporting activities vary in price, depending on the activity.

Spastic Centres of South Australia Inc (SCOSA) – Day Option Program

Contact person:	Anita Bayford
Postal address:	100 Woodville Road PO Box 49 Woodville SA 5011
Phone number:	8347 2664
Fax number:	8347 2208
Email address:	abayford@scosa.com.au
Website address:	www.scosa.com.au
Mission statement/service goals:	To enable people with a disability to build self-awareness and their capacity to connect and participate in the areas of relationships and community.
Key areas/service:	Day options, recreation, further education, developmental programs, in-home support, respite, work experience.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Programs are developed to meet identified client needs.
Description of program(s):	SCOSA offers a broad range of activities delivered at our specially equipped Community based Hubs and in the local surrounding community. Programs can include a variety of leisure/recreational and developmental activities that assist to develop and enhance social, communication and relationship building, independent living skills, prevocational education, sensory development and physical wellness leading to personal growth and independence. Our hubs are based in the community to facilitate local community involvement as well as permanent space that creates a sense of belonging. Activities can include: cooking, arts and crafts, woodwork, literacy/numeracy programs, computer skills, gardening, sensory, indoor/outdoor sports including boccia, swimming, sailing, ten pin bowling, soccer, be active fitness, dance movement, music, special project work and a range of access to community based activities and

	venues including major SCOSA events such as Sailability, performability, soccer showdown and SCOSAbility.
Hours of program:	Monday to Friday 9.00am-3.00pm. 48 weeks per year.
Region where program(s) provided:	Port Pirie, Blyth, Willaston, Elizabeth Park, Gilles Plains, Newton, Mitcham, West Croydon, Thebarton, Hackham and Plympton.
Numbers of places catered for:	SCOSA has different capacity levels at each location depending on space and clientele accessing the Hub.
Clients needs catered for:	Moderate, High and Very High.
Vacancies:	Please contact SCOSA for more information.
Individual service:	Yes, through individual funding – costing upon request.
Staffing support:	Staff/client ratio is determined according to support need – average: 1:2.4
Staff qualifications:	Certificate 3 and/or 4 entry levels for staff, Senior First Aid Certificate, Manual Handling Certificate, and Police check. Staff also receive a range of training (eg healthcare/support, active and behaviour support, augmentative communication). Active support, non-violent crisis intervention and mandatory notification training where applicable.
Cost per client:	Moderate: \$69.33, High: \$83.51 and Very High: \$97.68.
Extra costs:	\$6 daily client contribution fee.
Transport:	SCOSA provides limited transport and negotiated on an individual basis.
Comment:	SCOSA provides a five session per week standard group support/service using the full benchmarked individual allocation. Special arrangements can negotiated to support individual needs, preferences and service delivery requirements which may incur additional cost and negotiated on an individual needs basis. SCOSA provides support over extended hours where negotiated.

Stanhope Day Option Program (formerly Alabricare)

Contact person:	Danielle Wakefield
Postal address:	35 King William Road Unley SA 5061
Phone number:	8338 8900
Fax number:	8379 9500
Email address:	Danielle.Wakefield@stanhope.com.au
Website address:	www.stanhope.com.au
Mission statement/service goals:	To provide a diverse recreational program, taking into account the different needs, abilities and wishes of clients.
Key areas/service:	We manage the spectrum of wheelchairs, challenging behaviours and Autistic Spectrum Disorders.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Day options, recreation.
Description of program(s):	Centre-based with day outings routinely each week. Centre program includes craft activities, supported sport/exercise, cinema/movies, shopping and baking. Outings include visiting foreshore, shopping, and parks.
Hours of program:	Monday to Friday 9:00am-3:30pm excluding public holidays.
Region where program(s) provided:	Port Augusta.
Numbers of places catered for:	Maximum 20.
Clients needs catered for:	Moderate, High, Very High.
Vacancies:	Please contact Stanhope for more information.
Individual service:	Yes
Staffing support:	1:3 (staff : clients).

Staff qualifications:	Certificate 3 in Disabilities (or equivalent), Senior First Aid Certificate and Manual Handling Certificate.
Cost per client:	Moderate: \$75, High: \$85 and Very High: \$100. Full benchmark accepted for clients attending 5 days per week.
Extra costs:	Clients are required to pay for additional activities. Personal care items need to be supplied by the client (eg incontinence pads etc).
Transport:	Transport is not provided.
Comments:	Stanhope offers a program with a developmental focus, with clients having individual program plans that are reviewed regularly to determine whether set outcomes are being achieved.

Tutti Arts

Contact officer's name:	Dale Govett, Senior Manager, Day Options
Postal address:	PO Box 5 Brighton SA 5048
Phone number:	8422 6200
Fax number:	8422 6330
Email address:	dale.govett@minda.asn.au
Website address:	www.mindainc.com.au
Mission statement/service goals:	Tutti's mission is to create quality artistic experiences and a body of work performable by Tutti and by other companies here and overseas. Tutti aims to delight people around the world, challenge perceptions about people with a disability and make a long lasting contribution to the development of a disability led arts and culture movement.
Key areas/service:	Day Option focusing on visual art and design, music, drama, movement, song-writing, photography, animation, film making and editing, literacy, personal development
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Visual Art and Design, Digitech, Performing Arts.
Description of program(s):	An exciting multi-arts program for young adults with intellectual disabilities. Working closely with practising professional artists, Tutti artists create and develop high quality visual arts and multi-media, music and drama works for exhibition and performance.
Hours of program:	Monday, Tuesday, Thursday and Friday, 9.30am-3:00pm Wednesday 1.30pm until 7.30pm (the Wednesday program participants join the Tutti community choir from 5.30pm except during the school holiday when the choir breaks. During the school holiday the program runs from 9.30am until 3pm.
Region where program(s) available:	South West metropolitan Adelaide.

Numbers of places catered for:	35
Clients needs catered for:	Moderate to high.
Vacancies:	Contact Tutti for current information.
Staffing support:	Staff to supported artist ratio 1:5.
Staff qualifications:	Practising professional artists, Certificate 3 and 4 in Disability, First Aid.
Cost per client per day:	Moderate support \$95, High support: \$105, Very High: \$126.
Comments:	Occasional fees for some activities.
Extra costs:	Individual drumming and singing lessons. \$10 per session. NB: these are not always available.
Transport:	Not provided.

Windamere Park – Day Option Program

Contact person:	Diana de Lyster
Postal address:	PO Box 483 Virginia SA 5120
Address:	Lot 202 Legoe Road Buckland Park SA 5120
Phone number:	8380 9303
Fax number:	8380 9303
Email address:	windamere@adam.com.au
Website:	www.windamere.com.au
Mission statement/service goals:	To develop leisure, recreational and social activities and skills. To develop community-based networks to enable clients to practise skills as part of a group.
Key areas/service:	People with challenging behaviours, autism, intellectual disability, brain acquired injury.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Recreation, leisure, social and pre-vocational programs.
Description of program(s):	<p>Independent living skills - Personal hygiene, literacy skills, shopping, transport training.</p> <p>Windamere Park-based activities: Bushcraft and day camping, farm activities, animal care, hiking, arts and crafts, music and disco, trailer rides, pre-vocational – the program gives each participant exposure to pre-vocational skills such as remaining with a task through to completion and team work skills.</p> <p>Community-based activities: Zoo, theatre, sports arenas, disco, music workshops, snow play, movies, boat trips, aquatics, museum and art galleries, fruit picking, map reading, public transport, parks, going out to lunch, beaches, wetlands. Current events – Fringe, Corporate Cup, Royal Show and Cycling.</p> <p>Sport in the community: Basketball, bowling, tennis, swimming, soccer, cricket, mini golf, tennis, flying kites, park games and hiking.</p>

Hours of program:	Monday to Friday 9:00am-4:00pm. 48 weeks per year.
Region where program(s) provided:	Northern, north eastern and western.
Numbers of places catered for:	60
Clients needs catered for:	Minimal, low, moderate, high, very high but unaided mobility.
Vacancies:	Please contact Windamere for more information.
Staffing support:	Varies from 1:1 to 7:1 depending on client.
Staff qualifications:	All staff are qualified in disability services, some with university degrees and three are special education teachers.
Cost per client:	Moderate: \$77-82, High: \$82-\$100 and Very High: \$96-\$120.
Extra costs:	Optional occasional outings at a maximum of \$5 per outing.
Transport:	Cost: \$18 – pick up and return home No charge if pick up and return to Strathmont Centre.

Xlent Disability Services – Day Option Program

Contact person:	Phill Ashby
Postal address:	PO Box 2269 Kent Town SA 5071
Phone number:	8165 2023
Fax number:	8365 2142
Email address:	manager@xlent.org.au
Website address:	www.xlent.org.au
Mission statement/service goals:	Xlent Disability Services endeavours to educate people in personnel training, life skills, adventure skills and environmental awareness. This is achieved through holistic experiential and adventure-based program design. Xlent's priority is to provide uncompromising customer service and value for money and to make a difference to people's lives.
Key areas/service:	Community access, community engagement, structured learning principles, life skills, experiential learning.
Eligibility criteria:	Intellectual disability, 17 years of age and over Disability Services eligibility.
Program(s) available:	Low to moderate support programs incorporating work skills. High support program – challenging behaviours. Wheelchair and very high support programs (mixture of community outings/centre-based/sensory oriented activities School holiday programs for Disability Services.
Description of program(s):	Xlent Disability Services currently runs 11 Day Options programs in Adelaide. Each group has their own vehicle allowing the programs to be community-based, with activities such as bowling, music, swimming as well as utilising centres at Mitchell Park and Glynde, which are primarily for indoor structured activities such as art, craft, cooking and/or weather affected activities.

Each program is developed to provide growth and development for people of similar support levels. All programs benefit from client input and have specific outcomes to achieve for each persons individual goals. All programs are based on providing a developmental approach; this is achieved through traditional educational methodologies and lesson planning for all activities. All prospective new participants are invited to attend trial days to determine which group will best suit their needs.

Hours of program:	Monday to Friday 8.30am-5:00pm. 46 weeks per year. Hours may vary for some programs to provide flexibility for families.
Region where program(s) provided:	North eastern, northern, southern and western suburbs.
Numbers of places catered for:	Numbers are specific to group and support needs.
Clients needs catered for:	Moderate, High and Very High.
Vacancies:	Please contact Xlent for more information.
Staffing support:	Ranges from 1:2 up to a ratio of 1:6 based on the particular group and the group make up.
Staff qualifications:	Range of qualifications: Auslan Sign Language, Senior First Aid, asthma first aid and administration training, nasal Midazolam training, epilepsy awareness training, disability awareness, Bachelor of Education, Autism Association training, deep pressure training, medical credentialing, manual handling, gastrostomy tube bolus feeding, mandatory notification, workplace training and assessment and Disability Studies. Xlent Disability Services provides in-house training to staff as a group, which allows the training to be specific to organisational and program participant needs.
Cost per client:	Moderate: \$90-\$120, High \$100-130, Very High \$120-150. This is based on a persons support levels within the 3 main brackets and is also based on the specific program needs.
Extra costs:	Activity costs, which can be paid daily or invoiced monthly.

Transport:	Transport can be provided \$8 each way, \$16 day.
Comments:	<p>Xlent Disability Services, and its previous programs run as part of Wilderness Escape Outdoor Adventures, have been running in the field of developmental support programs for 16 years.</p> <p>We specialise in providing a quality of care with small groups and an educational focus. Our communication system and other services have been at the forefront of day options provision.</p>