



Disability Services

Information Sheet

Centre for Disability Health (CDH)

The Centre for Disability Health has three clinics that have been developed specifically for clients of Disability Services. The North East Clinic and Strathmont Centre Health Clinic specialise in services for people with intellectual disability. The Highgate Park Clinic specialises in services for people with acquired brain injury, physical or neurological conditions. (Refer to page 3 for address details.)



Our Vision

To ensure that the health and wellbeing of people with disability in South Australia is continuously improving.

Our Goal

Our overall goal is to improve and maintain the health and quality of life for people with disability by increasing the capacity of the health system to deliver evidence-based clinical care.

Clinical Services

Clinicians will refer patients to external allied health providers and other medical professionals as clinically indicated.

Business Hours

Clinics operate Monday to Friday 9am–5pm. You can make an appointment by calling us during these times. (Refer to page 3 for contact details.)

After Hours

If you need a locum service, this can be accessed through any of our clinics.

Disability Services use GP Connect Locum Service. After hours a recorded message will direct you to this service. Phone GP Connect on 8130 3333.

Learning Opportunities

As well as providing valuable clinical services, the clinical program is an important component in CDH's educational endeavors.

Registrar, medical student and general practitioner (GP) training in disability health is an integral part of the clinical program and all clinical sessions can be attended by students and health professionals wanting to observe and learn (by prior arrangement and with consent of the patient).

We are strongly committed to giving medical, nursing and allied health students from all Adelaide universities experience in the specific health needs of people with intellectual disability. CDH doctors lecture first year medical students at Adelaide University.

Australian Association of Developmental Disability Medicine Inc (AADDM)

The Association provides advocacy for people with developmental disability and helps bridge the inequalities in standards of health care and health provision experienced by people with developmental disability compared with the general population.

Australian General Practices Accreditation Limited (AGPAL)

The North East Clinic and Strathmont Centre Health Clinic have met the standards set by the Royal Australian College of General Practitioners. The standards are a performance benchmark for the delivery of safe, high quality care within the health care setting.

Medical Staff

Medical staff can offer telephone advice to General Practitioners outside the clinics on the medical management of people with disability.

CDH will not generally provide ongoing medical management, but will provide shared care with GPs in the community. We have a number of GPs who consult at our clinics.

Other practitioners who consult at our clinics include:

- ▶ Consultant Psychiatrist
- ▶ Neurologist
- ▶ Nurses
- ▶ Psychologists.

Pre-appointment Questionnaire

The clinical team has developed a comprehensive pre-appointment questionnaire to be completed by the patient or someone who knows the patient well. Once we receive your form, staff will contact you by phone to offer you an appointment.

For Appointments

- ▶ A range of consultation lengths is available to meet your needs. Please tell our reception staff if you need a longer consultation time.
- ▶ We prefer to receive a referral letter from a GP but we accept referrals from families, carers and agencies.
- ▶ You will need a general practitioner referral letter before you can make a medical specialist appointment. If you do not have your own general practitioner, you can speak to one of our general practitioners.

- ▶ You are welcome to bring a carer or friend to the appointment to support you.
- ▶ Please bring any health-related records.
- ▶ Please bring an up-to-date Medicare, pension and health care card to each appointment.

Fees

Most consultations will be bulk billed.

Clinic Locations

North East Clinic

Level 2, Education Centre
Modbury Hospital
Smart Road, Modbury SA 5092
Tel: 8397 8100
Fax: 8397 8199

Parking:

Two car-parking areas are available:

- ▶ Enter from Reservoir Road
General parking is available, along with one disability park directly in front of the Education Centre.
- ▶ Enter from Smart Road
General and disability parking is available. Use the walkway to reach the Education Centre.

Strathmont Centre Health Clinic

696–710 Grand Junction Road, Oakden SA 5086
Tel: 8266 8543
Fax: 8266 8540

Parking:

- ▶ Enter from Grand Junction Road
General and disability parking is available.

Highgate Park Clinic

Level 1B Highgate Park
103 Fisher Street, Fullarton SA 5063
Tel: 8372 1442
Fax: 8372 1491

Parking:

- ▶ Enter from Fisher Street
General and disability parking is available.

Copies of this publication are available from the Disability Information Service
Tel: 1300 786 117 Email: disabilityinfo@dfc.sa.gov.au Website: www.sa.gov.au/disability Version: June 2011



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